IN ROOM DINING BREAKFAST MENU

CONTINENTAL BREAKFAST £,16.00

Available

Daily: 6:30 am - 9:45 am

Weekends & Bank Holidays: 6:30 am - 11:00 am

COLD BEVERAGES

Orange / Apple / Grapefruit / Cranberry / Tomato / Pineapple / Still water / Sparkling water

BAKERY v

Bread rolls C, E, M, S, SE, SU/ White Toast C, S / Brown Toast C, S / Croissant C, E, M, SE

Pastry Selection C, E, M, N, SE / Muffin Selection C, E, M, S

CEREALS AND MUESLI vg

Rice Krispies C / Weetabix C / Bran Flakes C / Special K C / Fruit 'n' Fibre C, N

Special Muesli C, M, N, P/ Corn Flakes C / Gluten-Free Cereal

CONTINENTAL ITEMS

Cold meat platter N, P / Cheese Selection V M / Smoked Salmon F
Low Fat Natural Yogurt V M / Low Fat Fruit Yogurt V M / Fruit Salad VQ

HOT BEVER AGES

English Breakfast Tea / Coffee / Decaffeinated Tea / Decaffeinated Coffee/ Earl Grey Tea/ Fruit Tea

Ginger & Lemon Tea / Camomile Tea / Green Tea / Peppermint Tea

ENGLISH BREAKFAST £19.00

Available

Daily: 7:00 am - 9:45 am

Weekends & Bank Holidays: 7:00 am – 11:00 am

SELECTION FROM THE CONTINENTAL BREAKFAST WITH YOUR CHOICE FROM BELOW

Back Bacon / Cumberland Sausages C, SU

Grilled Tomato vg / Hash Browns vg / Baked Beans vg / Sautéed Mushrooms vg

Scrambled Eggs V E / Poached Eggs V E, SU / Fried Eggs V E / Black Pudding C

Smoked Kipper F (extra £4.99)

Poached Haddock F (extra £4.99)

KEY TO ALLERGENS

C – cereals containing gluten

CE – celery and celeriac

CR – crustaceans

E – eggs

 $\mathsf{F}-\mathsf{fish}$

L – lupin

P – peanuts

M-milk

MO – molluscs

MU - mustard

N – nuts

S – soya beans

SE – sesame

SU – sulphur dioxide



V – vegetarian vg – vegan